

Bréakfast

Acai bowl - Organic granola with fruits, acai, peanut butter and seeds @

Organic muesli bowl - Bio muesli on authentic Greek strained yoghurt with honey, blueberries, golden black Corinthian raisins and fruits	7.5

12

6.5

6.5

7.5

6.5

Brúnch

Avocado toast - High fiber wholegrain bread, poached bio eggs, avocado, cherry tomatoes, pickles, chia seeds, linseed, sunflower seeds	10
French toast- Brioche served with tahini chocolate stawberries, blueberries, banana and fresh cream	10
3 eggs omelet- With gouda cheese, ham or smoked turkey and mushrooms. Served with mixed salad	8.5
Spa omelet- Egg whites and one yolk, oats, cinnamon. Served with tahini, honey and nuts	8.5
Eggs benedict [*] Poached eggs with bacon or smoked salmon on toasted bread and hollandaise sauce	9.5/11
Croque madame- With slices of turkey, cheese, eggs and melting Mornay sauce	9.5
Scrambled eggs with prosciutto – Scrambled eggs on village bread, cream cheese and herbs spread , rucola and prosciutto	10.5
"The Stoa eyes"- Eggs in spicy sauce with avocado, chorizo, peppers, red beans and bread	11

Extras - Salmon/Chicken 3 | Avocado/Turkey 2 | Egg/Bacon 1.5 | Bread 1

Páncakes

Praline With chocolate, bueno, maltesers and biscuit flakes	9
Healthy - Made with whole grain flour forest fruits and golden black raisin. Served with maple syrup	9
White - Classic pancakes topped with white chocolate, forest fruits, and strawberry framboise	9.5
Ruby - Finest natural pink chocolate, blueberries and biscuit	10

Croissánts Croissant - Served with ham or turkey, cheese and tomato

Croissant Lemon - With lemon cream and seasonal fruits

Croissant Pistachio – Filled with patisserie cream and pistachio spread	7
Soúps	

Trachanas - Aromatised by black truffle Italian oil (seasonal) Pumpkin - With ginger, infused with coconut milk and aromatised by curry (seasonal)

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mayo sauce	13
<i>Ciabatta</i> – Creamy avocado, cherry tomatoes and delicious vegan plant-based "chicken" ✓	13
Bagel - Sautéed spinach, goat cheese, avocado mousse and a fried or poached egg	11.5
The Farmer - Ciabatta with cheese, halloumi, bacon, wine-flavoured bacon, tomato, cucumber, iceberg and sweet red pepper mayo with herbs. Served with hand cut sweet potato fries	11
Roasted Pork Sandwich - Slow cooked pork roast, cheese,rucola,pickles, iceberg,cherry tomatoes and honey mustard sauce on village bread. Served with French Fries	11
Falafel- in Arabic pita with tomato sauce, eggplant, red cabbage, iceberg, pickles & homemade tahini dressing. Served with sweet potato fries ✓	11

etizers

7

11.5

5

5.5

8

12

13.5

13.5

14

14

12

15.5

tomatoes and herbal oil French fries - Double fried topped with sea salt Sweet potato fries - With sea salt

Halloumi - Served in olive marmalade

Burrata - Deep fried burrata cheese on

whole grain bread. Served with cherry

Black eyed peas - Black eyed peas (Louvi), tomato, cucumber, sun dried tomatoes, black olives, pickled cucumber, red pepper, feta cheese and pomegranate. Served with light olive-lemon dressing
Power bowl - Three coloured quinoa, beluga lentils, sweet potatoes, cherry tomatoes, cashew nuts, avocado, pomegranate, cannabis seeds topped with mustard and orange dressing ✓
Stoa - Mixed green salad with chicken fillet, cherry tomatoes, baked halloumi, dried fruits, pignolia, caramelized hazelnut topped with aromatic vinaigrette

Pásta *All main courses with a star Served From 12:00 include a side dish of your choice Skioufixta- Served with chicken, mushroom, bacon and parmesan cream

Whole grain penne- With broccoli, cherry tomatoes, and tomato sauce

Tagliatelle with smoked salmon- Quenched with wine, zucchini and fresh herbs

Goat Cheese - Mixed leaves, goat cheese, strawberries, dried berries, walnut, kataif,

Shrimp- Mixed lettuce, shrimps, avocado, cherry tomatoes, sautéed peppers, crispy

Served From 12:00

*Chicken bifteki- Grilled, served with romesco sauce . Served with side salad

*All main courses include a side dish of your choice.

Mains

Chicken fillet - Drenched in wine sauce, served with baby potatoes, baby vegetables and asparagus	14.5
* Beef burger (200g) - With cheddar cheese, pickles,iceberg, tomatoes, caramelized onion and served with sweet chilli mayo dressing. Served with coleslaw salad	15
Panko Chop - Pan fried pork chop dredged in Japanese panko crumbs Served with baby potatoes, rucola, parmesan,cherry tomatoes and Amarillo mayo	16
Ribeye steak (300gr) - Black angus beef, served with baby potatoes, sauce	26

Sídes

balsamic and fig dressing

tortilla, Asian mayo dressing

verde and baby carrots

Sweet Potato Fries - With sea salt

Dessérts
Panna Cotta – Made with coconut milk, passion fruit coulis and nuts ✓

Quinoa -Three colored with fresh herbs | French Fries - Double fried topped with sea salt |

Sweet Risotto - Madagascar Vanilla, fresh cream and ice cream

Resident chef: Robertos Nikolaou

Chocolate Tart - Served with salted caramel and caramelized cashew nuts

14

7

6.5

7

*In case of any allergies or food intolerancies please discuss with your waiter